



# Introduction to OB / GYN Ultrasound

October 19 – 20, 2023

Thursday, October 19, 2023		
7:30	Welcome and Continental Breakfast	
7:45	Interactive Polling Session	
8:00	GYN Anatomy	Emily Downs, BS, RDMS, RVT, RDCS, RT
9:00	Break	
9:15	Scan Protocol (TAS & TV)	
10:45	Break	
11:00	GYN pathology / Case Studies	
12:00	Lunch	
12:55	Break-out Groups	
1:00	<b>Group A: Main Lecture Room</b> First Trimester Ultrasound & Case Studies Presented by: Emily Downs, BS, RDMS, RVT, RDCS, RT	<b>Group B: Scan Lab</b> Hands-On Scanning Live Models: GYN Full Bladder & Endovaginal
2:40	Break & Switch Groups	
2:50	<b>Group A: Scan Lab</b> Hands-On Scanning Live Models: GYN Full Bladder & Endovaginal	<b>Group B – Main Lecture Room</b> First Trimester Ultrasound & Case Studies Presented by: Emily Downs, BS, RDMS, RVT, RDCS
4:30	Adjourn	

Friday, October 20, 2023		
7:30	Continental Breakfast	
7:45	Maternal Survey and Biometry	Jane Burns, AS, RT, RDMS
8:50	Break	
9:00	Fetal Anatomy Survey	
9:40	BPP and Multiple Gestations	
10:30	Break	
10:35	Fetal Abnormalities: Part I	Ahmed Al-Malt, MD
11:45	Lunch	
12:30	Fetal Abnormalities: Part II	Ahmed Al-Malt, MD
1:30	Interactive Post-Polling Session with Discussion	
1:40	Break-out Groups	
1:45	<b>Group A: Scan Lab</b> Hands-On Scanning Live Models: 2 <sup>nd</sup> & 3 <sup>rd</sup> Trimester OB	<b>Group B: Main Lecture Room</b> OB Case Studies Presented by: Ahmed Al-Malt, MD
3:00	Break & Change Groups	
3:15	<b>Group A: Main Lecture Room</b> OB Case Studies Presented by: Ahmed Al-Malt, MD	<b>Group B: Scan Lab</b> Hands-On Scanning Live Models: 2 <sup>nd</sup> & 3 <sup>rd</sup> Trimester OB
4:30	Adjourn	

\*\* This is a tentative course itinerary. Lecture faculty, times and dates may be subject to change. Times listed are Eastern Time (ET).

[This course includes a Pre-course Online Video: Imaging Fundamentals – The Basics by Lori Green, BA, RDMS, RDCS, RVT.](#) Login to your GCUS account and navigate to “My Activities” to complete this **prior** to the course.



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The Gulfoast Ultrasound Institute is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Gulfoast Ultrasound Institute designates this live educational activity for a maximum of 16.0 *AMA PRA Category 1 Credits*™. Physicians should claim only credit commensurate with the extent of their participation in the activity.

Approved by the American College of Emergency Physicians (ACEP) for a maximum of 16.0 hour(s) of Category I credit.

This course also meets CME / CEU requirements for ARDMS. Note: While offering the CME credit hours noted above, activities are not intended to provide extensive training or certification for exam performance or interpretation.

## **NEEDS STATEMENT:**

The planning committee has determined a need for the following educational activity based on request from the medical community, expanded utilization of ultrasound, and lab accreditation requirements.

## **COURSE OBJECTIVES:**

**At the completion of the program the participant should be able to:**

1. Increase the participants' knowledge to better perform and/or interpret gynecology and obstetrical ultrasound examinations.
2. Demonstrate proper transducer manipulation and system optimization to produce diagnostic images.
3. Demonstrate routine scan protocols for performing transabdominal & endovaginal GYN scanning.
4. Outline routine scan protocols for performing 1<sup>st</sup>, 2<sup>nd</sup>, and 3<sup>rd</sup> trimester obstetric ultrasound exams.
5. State the normal and abnormal imaging characteristics of the ovaries and uterus and differentiate commonly seen pathology.
6. List the indications and ultrasound findings for suspicion of an ectopic pregnancy.
7. Identify normal fetal anatomy and perform biophysical profile.
8. Apply appropriate measurement techniques to assess fetal dates and appropriate fetal development.
9. Recognize commonly seen fetal abnormalities and their corresponding ultrasound imaging characteristics.
10. Increase confidence to incorporate protocols, scan techniques, and interpretation criteria to improve diagnostic/treatment accuracy.

While offering CME credit hours this activity is not intended to provide extensive training or certification for performance of or interpretation of OB/GYN Ultrasound Examinations. We recommend working under supervised conditions until an acceptable level of proficiency has been achieved.

***A special thanks to the following ultrasound equipment manufacturers who provide various (in kind) equipment support to help make our programs possible (companies listed are as of the time of printing).***



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## Disclosure of Relevant Financial Relationships With Commercial Companies/Organizations

Gulfoast Ultrasound Institute, Inc. endorses the standards and essentials of the Accreditation Council for Continuing Medical Education for activities and the speakers at these activities disclose significant relationships with commercial companies.

Speakers having relevant relationships include receiving from a commercial company research grants, consultancies, honoraria, and travel, or having a self-managed equity interest in a company.

Disclosure of a relationship is not intended to suggest or condone bias in any presentation but is made to provide participants with information that might be of potential importance to their evaluation of a presentation.

### **FACULTY:**

#### **Ahmed Al-Malt, MD (GUI QI Task Force Subcommittee)**

Associate Professor  
Fetal Diagnostic Center  
Orlando, FL

*No relevant financial relationships to disclose*

#### **Emily Downs, BS, RDMS, RVT, RDCS, RT**

Program Director Diagnostic Medical Sonography  
University of Colorado Health  
Aurora, CO

*No relevant financial relationships to disclose*

#### **Jane J.K. Burns, AS, RT, RDMS**

Ultrasound Educator  
Baylor College of Medicine  
Texas Children's Hospital / Pavilion for Woman  
Houston, TX

*No relevant financial relationships to disclose*

*All presentations for this CME activity were reviewed and approved by member(s) of the GUI staff to determine content validity and ensure that no conflicts of interest exist prior to final course material compilation and printing.*



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## Disclosure of Individuals in Control of Content

*In addition to the faculty listed on the previous page the following individuals are recognized by GUI as being in control of content of this program:*

**James Mateer, MD, RDMS (Medical Director-planner & QI Task Force)**

Medical Director, Gulfcoast Ultrasound Institute  
Milwaukee, WI

***No relevant financial relationships to disclose***

**Charlotte Derr, MD, RDMS, FACEP (Co-Medical Director-planner & QI Task Force)**

Assistant Professor of Emergency Medicine &  
Fellowship Director of Emergency Medicine  
Ultrasound Fellowship Program  
University of South Florida Medical School  
Tampa, FL

***No relevant financial relationships to disclose***

**Andreas Dewitz, MD, RDMS (Member of Advisory Board & QI Task Force Subcommittee)**

Associate Professor of Emergency Medicine  
Vice Chair of Ultrasound Education  
Boston Medical Center  
Boston, MA

***No relevant financial relationships to disclose***

**Lori Green, BA, RDMS, RDCS, RVT (Program Director-planner, Content Reviewer, QI Task Force)**

Gulfcoast Ultrasound Institute, Inc.  
St. Petersburg, FL

***No relevant financial relationships to disclose***

**Trisha Reo, AAS, RDMS, RVT (Program Coordinator-planner, Content Reviewer, QI Task Force)**

Gulfcoast Ultrasound Institute, Inc.  
St. Petersburg, FL

***No relevant financial relationships to disclose***

**HANDS-ON INSTRUCTORS:**

At the time of printing all hands-on instructors for this program have signed disclosure forms and have no relevant financial relationships to disclose. A verbal disclosure will be made during opening remarks. All scanning sessions are monitored by the program director and/or the program manager to ensure education objectives are met and no commercial bias occurs.

**Content:**

***All content for this CME activity were reviewed and approved by member(s) of the GUI staff to determine content validity and ensure that no conflicts of interest exist prior to final course material compilation and printing.***

Reviewed & approved:

*Lori Green BA, RDMS, RDCS, RVT*

*Trisha Reo AAS, RDMS, RVT*



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# ***Welcome!!***

The entire staff at Gulfcoast Ultrasound Institute would like to welcome you to our educational facility.

Our goal is to provide the highest quality continuing education possible in a relaxed and personal atmosphere. The content of each program has been carefully planned to provide you with the information needed to obtain a firm foundation to begin gaining the experience to perform and/or interpret ultrasound examinations in the specialty of your choice. The program will be structured with lectures in the morning and hands-on sessions during the afternoon to allow more individualized attention the program participants will be divided into groups for the hands-on workshops based on your experience level and type of equipment you work with.

*To help you get the most out of this program we would like to make the following recommendations:*

1. Attend the lectures and scheduled hands-on sessions.
2. When you are not involved in a scheduled afternoon session, take advantage of the SUPPLEMENTAL SCANNING WORKSHOP, or check out a DVD from our library.
3. If you do not understand a particular concept, ASK FOR HELP!
4. Study your course workbook during the evening.
5. Remember excellence is not achieved overnight. Becoming proficient in any ultrasound specialty requires the commitment to continually study and perform multiple (at least 100) exams before an initial level of confidence is achieved. The AIUM guidelines suggest competency for interpretation requires a minimum of 500 exams per specialty.
6. Begin scanning immediately upon return to the ultrasound departments even if it's on a volunteer. We recommend scanning/interpretations under supervised conditions until an accepted level of proficiency has been obtained.

All of our instructors, guest speakers and office staff are here to serve you! If you have any questions of any kind, please do not hesitate to ask.



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***Gulfoast Ultrasound Institute***  
**EQUIPMENT RECOMMENDATIONS**

Since 1985, Gulfoast Ultrasound Institute has taken great pride in our ability to provide quality continuing education programs while remaining unbiased regarding the recommendation of ultrasound equipment.

Our programs are supported by most of the major equipment manufactures by providing their systems for use during the hands-on sessions. These companies have learned their products will be used and demonstrated to the best of our abilities in an educational setting and that no selling or promotion is done on our premises.

We realize that some of the course participants may currently be in the process of evaluating equipment for purchase and would like the opinions of our staff to determine the “best” system for your department. Everyone has a “favorite” ultrasound system (usually because it is the one, they have worked with the most and are comfortable with) however, Gulfoast Ultrasound must take an unbiased position in regard to equipment recommendations.

If you are currently evaluating equipment for purchase, we suggest you invite the equipment manufacturers to your facility for a private demonstration to determine image quality, ease of use, over-all capabilities etc. on an individual basis.

Thank you!

*Lori Green BA, RDMS, RDCS, RVT*

Lori Green, BA, RDMS, RDCS, RVT  
Program Director