



# Musculoskeletal Scanning Skills Workshop: Introduction to Musculoskeletal Ultrasound May 16 – 17, 2022

Monday, May 16, 2022 Hands-On Scanning Live Models: Upper & Lower Extremity	
7:45	Welcome and Continental Breakfast
8:00	Session 1: Shoulder
9:00	Session 2: Elbow
10:00	10 Minute Break: Model Rotation
10:10	Session 3: Hand & Wrist
11:10	Session 4: Choice of Shoulder, Elbow, Hand & Wrist
12:00	Lunch
1:00	Session 5: Hip
2:00	Session 6: Knee
3:00	10 Minute Break: Model Rotation
3:10	Session 7: Ankle & Foot
4:10	Session 8: Choice of Hip, Knee, Ankle & Foot
5:00	Adjourn

Tuesday, May 17, 2022 – Hands-On Scanning Live Models: Upper & Lower Extremity	
7:45	Continental Breakfast
8:00	Session 1: Upper Extremity – Choice of Shoulder, Elbow, Hand & Wrist
9:00	Session 2: Upper Extremity – Choice of Shoulder, Elbow, Hand & Wrist
10:00	10 Minute Break
10:10	Session 3: Lower Extremity – Choice of Hip, Knee, Ankle & Foot
11:10	Session 4: Lower Extremity – Choice of Hip, Knee, Ankle & Foot
12:00	Adjourn

\*\* This is a tentative course itinerary. Lecture faculty, times and dates may be subject to change. All times listed are Eastern Time (ET).



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The Gulfcoast Ultrasound Institute is accredited by the Accreditation Council for Continuing Medical Education (ACCME) to provide continuing medical education for physicians.

The Gulfcoast Ultrasound Institute designates this live educational activity for a maximum of 12.0 *AMA PRA Category 1 Credits*™. Physicians should claim only the credit commensurate with the extent of their participation in the educational activity.

Successful completion of this CME activity, which includes participation in the evaluation component, enables the participant to earn up to 12.0 Medical Knowledge MOC points in the American Board of Internal Medicine's (ABIM) Maintenance of Certification (MOC) program. It is the CME activity provider's responsibility to submit participant completion information to ACCME for the purpose of granting ABIM MOC credit.

## **NEEDS STATEMENT:**

The planning committee has determined a need for the following educational activity based on request from the medical community, expanded utilization of ultrasound, and lab accreditation requirements.

## **COURSE OBJECTIVES:**

At the completion of the program the participant should be able to:

1. Increase the participant's knowledge to better perform and/or interpret MSK ultrasound examinations.
2. List the indications, benefits, and limitations of MSK ultrasound for sports medicine injuries, physical medicine & rehabilitation, and rheumatology applications.
3. Demonstrate proper transducer manipulation and system optimization to produce diagnostic images.
4. Demonstrate scanning protocols for performing shoulder, elbow, wrist/hand, knee, ankle/foot, & hip ultrasound examinations.
5. Identify normal anatomy during musculoskeletal ultrasound imaging.
6. Demonstrate the use of MSK sonography for diagnosis and ultrasound-guided interventions and describe "in-plane" and "out of plane" injections/aspiration techniques using inanimate phantoms.
7. Increase confidence to incorporate protocols, techniques and interpretation criteria to improve diagnostic/treatment accuracy.

While offering CME credits this activity is not intended to provide extensive training or certification for performing or interpreting upper or lower extremity ultrasound examinations. We recommend working under supervised conditions until an accepted level of proficiency has been achieved.

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*A special thanks to the following ultrasound equipment manufacturers who provide various (in kind) equipment support to help make our programs possible (companies listed are as of the time of printing).*



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## Disclosure of Individuals in Control of Content

*The following individuals are recognized by GUI as being in control of content of this program:*

**James Mateer, MD, RDMS (Medical Director-planner & QI Task Force)**

Medical Director, Gulfcoast Ultrasound Institute  
Milwaukee, WI

*No relevant financial relationships to disclose*

**Charlotte Derr, MD, RDMS, FACEP (Co-Medical Director-planner & QI Task Force)**

Assistant Professor of Emergency Medicine &  
Fellowship Director of Emergency Medicine  
Ultrasound Fellowship Program  
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Tampa, FL

*No relevant financial relationships to disclose*

**Andreas Dewitz, MD, RDMS (Member of Advisory Board & QI Task Force Subcommittee)**

Associate Professor of Emergency Medicine  
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*No relevant financial relationships to disclose*

**Lori Green, BA, RDMS, RDCS, RVT (Program Director-planner, Content Reviewer, QI Task Force)**

Gulfcoast Ultrasound Institute, Inc.  
St. Petersburg, FL

*No relevant financial relationships to disclose*

**Trisha Reo, AAS, RDMS, RVT (Program Coordinator-planner, Content Reviewer, QI Task Force)**

Gulfcoast Ultrasound Institute, Inc.  
St. Petersburg, FL

*No relevant financial relationships to disclose*

**HANDS-ON INSTRUCTORS:**

At the time of printing **all hands-on instructors for this program have signed disclosure forms and have no relevant financial relationships to disclose.** A verbal disclosure will be made during opening remarks. All scanning sessions are monitored by the program director and/or the program manager to ensure education objectives are met and no commercial bias occurs.

**Content:**

**All content for this CME activity were reviewed and approved by member(s) of the GUI staff to determine content validity and ensure that no conflicts of interest exist prior to final course material compilation and printing.**

Reviewed & approved:

*Lori Green BA, RDMS, RDCS, RVT*

*Trisha Reo AAS, RDMS, RVT*



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# ***Welcome!!***

The entire staff at Gulfcoast Ultrasound Institute would like to welcome you to our educational facility.

Our goal is to provide the highest quality continuing education possible in a relaxed and personal atmosphere. The content of each program has been carefully planned to provide you with the information needed to obtain a firm foundation to begin gaining the experience to perform and/or interpret ultrasound examinations in the specialty of your choice. The program will be structured with lectures in the morning and hands-on sessions during the afternoon to allow more individualized attention the program participants will be divided into groups for the hands-on workshops based on your experience level and type of equipment you work with.

*To help you get the most out of this program we would like to make the following recommendations:*

1. Attend the lectures and scheduled hands-on sessions.
2. When you are not involved in a scheduled afternoon session, take advantage of the SUPPLEMENTAL SCANNING WORKSHOP, or check out a DVD from our library.
3. If you do not understand a particular concept, ASK FOR HELP!
4. Study your course workbook during the evening.
5. Remember excellence is not achieved overnight. Becoming proficient in any ultrasound specialty requires the commitment to continually study and perform multiple (at least 100) exams before an initial level of confidence is achieved. The AIUM guidelines suggest competency for interpretation requires a minimum of 500 exams per specialty.
6. Begin scanning immediately upon return to the ultrasound departments even if it's on a volunteer. We recommend scanning/interpretations under supervised conditions until an accepted level of proficiency has been obtained.

All of our instructors, guest speakers and office staff are here to serve you! If you have any questions of any kind, please do not hesitate to ask.



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***Gulfcoast Ultrasound Institute***  
**EQUIPMENT RECOMMENDATIONS**

Since 1985, Gulfcoast Ultrasound Institute has taken great pride in our ability to provide quality continuing education programs while remaining unbiased regarding the recommendation of ultrasound equipment.

Our programs are supported by most of the major equipment manufacturers by providing their systems for use during the hands-on sessions. These companies have learned their products will be used and demonstrated to the best of our abilities in an educational setting and that no selling or promotion is done on our premises.

We realize that some of the course participants may currently be in the process of evaluating equipment for purchase and would like the opinions of our staff to determine the “best” system for your department. Everyone has a “favorite” ultrasound system (usually because it is the one they have worked with the most and are comfortable with) however, Gulfcoast Ultrasound must take an unbiased position in regards to equipment recommendations.

If you are currently evaluating equipment for purchase, we suggest you invite the equipment manufacturers to your facility for a private demonstration to determine image quality, ease of use, overall capabilities etc. on an individual basis.

Thank you!

*Lori Green BA, RDMS, RDCS, RVT*

Lori Green, BA, RDMS, RDCS, RVT  
Program Director